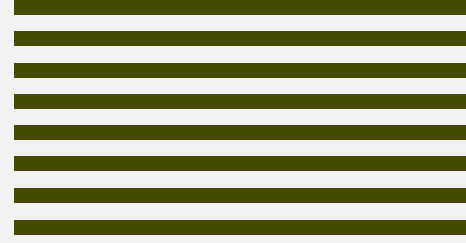




SPEA ON THE MOVE

ISSUE 4 | DECEMBER | VOLUME 1



WINTER BLUES?



HOLIDAY READS & ACTIVE GIFTS FOR KIDS

Kids These Days by Jody Carrington

2019 Holiday Gift Guide: Top Toys for Active Kids

Active Stocking Stuffers

THINK OUTSIDE THE BOX THIS WINTER!

Apple Model: Active Play and Physical Literacy Every Day



50 Winter Activities to do with your students

Cross Country Skiing Trail Etiquette



Let Them Walk BINGO



Snowshoeing Teacher Need to Knows

Quinzee Building



EDUCATOR TOOL BOX & PD Opportunities

North East School Division – Unpacked Phys. Ed Curriculum Outcomes for Educators

Saskatchewan Athletics Clinics

SPEA Loaner Kits

SPEA Conference



saskatchewan preventioninstitute our goal is healthy children



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