



# SPEA

# ON THE MOVE

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Dear SPEA members,

During these times, we hope you are well and at home with yours. Even at home or in your yard, it is possible to stay active. Hopefully these links might be the perfect addition to your day or assist you as a Physical Education educator to share virtually with your students.

VIDEOS:	LINKS:
<b>P.E. with Joe</b>	<a href="https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ">https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ</a>
<b>Easy P.E. games to play at home</b>	<a href="https://www.youtube.com/watch?v=Rz0go1pTda8">https://www.youtube.com/watch?v=Rz0go1pTda8</a>
<b>No equipment needed sending practice</b>	<a href="https://www.youtube.com/watch?v=BGWKdT60IHc">https://www.youtube.com/watch?v=BGWKdT60IHc</a>
<b>Exercise at home for all ages</b>	<a href="https://www.youtube.com/watch?v=MzGYBV_XQEc">https://www.youtube.com/watch?v=MzGYBV_XQEc</a>

Professional Development Opportunities

- **2020 SPEA Conference**  
ACTIVE: The Start; Life  
*Cancelled*
- **2020 TPSR Conference**  
*Cancelled*



As many educators in Saskatchewan are awaiting to learn of the online instruction and lay out for such, below are few links that might be worth watching.

<b>How to create a lesson on ZOOM</b>	<a href="https://www.youtube.com/watch?v=9guaRELB4dg">https://www.youtube.com/watch?v=9guaRELB4dg</a>
<b>Using Google Classroom</b>	<a href="https://www.youtube.com/watch?v=rCNlmsWUxZA">https://www.youtube.com/watch?v=rCNlmsWUxZA</a>
<b>Ask others on #sasked chat for ideas!</b>	<a href="https://twitter.com/saskedchat">https://twitter.com/saskedchat</a>
<b>Teachers helping teachers</b>	<a href="https://twitter.com/jstewiestewie">https://twitter.com/jstewiestewie</a>



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